






DAY	DESCRIPTION	DISTANCE (km)	TERRAIN	EQUIPMENT AND DRESS	
<b>MONDAY</b> <b>13:30-14:00</b>	Allocation to study groups and an opportunity to meet other students and your teachers and course coordinator.	N/A	N/A	N/A	
<b>TUESDAY</b> <b>13:00-18:00</b>	Enjoy a walk from the historic shipbuilding village of Buckler's Hard along the Beaulieu River to Beaulieu Abbey.	7km (including return)	Easy – public footpath	Comfortable clothing and suitable walking footwear. Waterproof jacket.	
<b>WEDNESDAY</b> <b>Free Afternoon</b>	<b>SUGGESTION:</b> Why not take a walk along the Stour River starting at Hengistbury Head for beautiful views of the local area. See course coordinator for more details and ideas.	5-9km	Easy – public footpath	Comfortable clothing and suitable walking footwear. Waterproof jacket	<b>Buckler's Hard</b> 
<b>THURSDAY</b> <b>13:30-15:00</b>	Test your knowledge of English and current affairs and win a prize in a fun Quiz afternoon.	N/A	N/A	N/A	<b>Windsor Castle</b> 
<b>FRIDAY</b> <b>13:30-15:00</b>	Social English afternoon – a great opportunity to practice your English in a fun and relaxed environment with other students.	N/A	N/A	N/A	
<b>SATURDAY</b> <b>08:30-18:30</b>	A full day excursion to 11 <sup>th</sup> century Windsor Castle – an official residence of Queen Elizabeth II.	8-12km (Approx.)	Easy – public footpath	Comfortable clothing and suitable walking footwear. Waterproof jacket	
<b>SUNDAY</b>	<b>SUGGESTION:</b> Take a relaxing walk along the beach to Sandbanks, Poole or spend some time shopping in Bournemouth. See course coordinator for more details and ideas.	N/A	N/A	N/A	<b>Anglo-Continental</b>  <b>Entrance fees are included</b>

DAY	DESCRIPTION	DISTANCE (km)	TERRAIN	EQUIPMENT AND DRESS	
<b>MONDAY</b>  <b>Free Afternoon</b>	<b>SUGGESTION:</b> Why not try a traditional English afternoon tea at one of Bournemouth's many coffee shops or hotels. Speak to your teacher or course coordinator for more details and suggestions.	N/A	N/A	N/A	
<b>TUESDAY</b>  <b>16:45-21:30</b>	Visit to Poole Stadium for a night of greyhound racing (Food and drink not included).	N/A	N/A	N/A	<b>Jane Austen House Museum</b>
<b>WEDNESDAY</b>  <b>Free Afternoon</b>	<b>SUGGESTION:</b> Why not take a walk along the Stour River starting at Hengistbury Head for beautiful views of the local area. Speak to your teacher or course coordinator for more details and suggestions.	N/A	N/A	N/A	
<b>THURSDAY</b>  <b>13:30-15:00</b>	Visit Chawton, the home of Jane Austen, one of Britain's best-loved authors. Visit the traditional village she lived in and do the Jane Austen Literary walk	7.25-9km  (Approx.)	Moderate -	Comfortable clothing and suitable walking footwear. Waterproof jacket	<b>Stonehenge</b>
<b>FRIDAY</b>  <b>13:30-15:00</b>	Social English afternoon – a great opportunity to practice your English in a fun and relaxed environment with other students.	N/A	N/A	N/A	
<b>SATURDAY</b>	A full day excursion to Stonehenge and Bath, Including a walking tour of Bath and time for shopping and souvenirs.	5-8km  (Approx.)	Easy – public footpath	Comfortable clothing and suitable walking footwear. Waterproof jacket	<b>Bath</b>
<b>SUNDAY</b>	Take a relaxing walk along the beach to Sandbanks, Poole or spend some time shopping in Bournemouth. See course coordinator for more details and ideas.	N/A	N/A	N/A	<b>All tickets and entry fees are included</b>

DAY	DESCRIPTION	DISTANCE (km)	TERRAIN	EQUIPMENT AND DRESS	
<b>MONDAY</b> <b>Bank Holiday</b>	Please remember the school is closed for the holiday and there will be no lessons or organised activities.	N/A	N/A	N/A	 <b>Bowls</b>
<b>TUESDAY</b> <b>Free Afternoon</b>	SUGGESTION: why not jump on the train, take a trip to Southampton, and visit the Seacity museum, which has an excellent display on the Titanic. Please speak to your teachers or the course coordinator for more details or suggestions.	N/A	N/A	N/A	
<b>WEDNESDAY</b> <b>13:15-18:00</b>	Enjoy a game of bowls with local residents and learn more about this traditional British game.	N/A	N/A	N/A	
<b>THURSDAY</b> <b>13:00-18:00</b>	Enjoy a cruise round Poole harbour and walk around Brownsea Island, with its beautiful wildlife and views across the harbour.	6-8km (Approx.)	Easy – public footpath	Comfortable clothing and suitable walking footwear. Waterproof jacket	 <b>Brownsea Island</b>
<b>FRIDAY</b> <b>13:30-15:00</b>	Social English afternoon – a great opportunity to practice your English in a fun and relaxed environment with other students.	N/A	N/A	N/A	 <b>London</b>
<b>SATURDAY</b> <b>08:30-18:30</b>	A full day excursion to London with a walking tour including Westminster, Trafalgar Square, Horse Guards Parade and Buckingham Palace.	5-8km (Approx.)	Easy – public footpath	Comfortable clothing and suitable walking footwear. Waterproof jacket	
<b>SUNDAY</b>	SUGGESTION: Why not visit Portsmouth with its historic dockyard, the home of the HMS Victory. Please speak to your teachers or the course coordinator for more details or suggestions.	N/A	N/A	N/A	
					<b>All tickets and entry fees are included</b>






DAY	DESCRIPTION	DISTANCE (km)	TERRAIN	EQUIPMENT AND DRESS	
<b>MONDAY</b>  Free Afternoon	<b>SUGGESTION:</b> Why not take the bus along the coast to Swanage and visit the traditional seaside town. See your teacher or course coordinator for more details.	N/A	N/A	N/A	
<b>TUESDAY</b>  13:00-18:00	Visit Max Gate, the Victorian home of Dorset's most famous poet and author Thomas Hardy. The excursion includes a Hardy Themed walk from Kingston Maurward finishing at Max Gate	4.5-7km (Approx.)	Easy – public footpath	Comfortable clothing and suitable walking footwear. Waterproof jacket	Max Gate
<b>WEDNESDAY</b>  18:00-21:30	Enjoy an evening out with other students and teachers (meal and drinks not included)	N/A	N/A	N/A	
<b>THURSDAY</b>  Free Afternoon	<b>SUGGESTION:</b> Why not visit Westbourne and do some shopping in Westbourne's shopping gallery followed by a coffee in one of the areas great coffee shops. See your teacher or course coordinator for more details.	N/A	N/A	N/A	Forde Abbey
<b>FRIDAY</b>  13:30-15:00	Test your knowledge of English and current affairs and win a prize in a fun Quiz afternoon.	N/A	N/A	N/A	
<b>SATURDAY</b>  08:30-18:30	A full day excursion to Lyme Regis, including a walk highlighting the traditional Dorset seaside town followed by a visit to Forde Abbey's beautiful gardens.	8-10km (Approx.)	Moderate	Comfortable clothing and suitable walking footwear. Waterproof jacket	Lyme Regis
<b>SUNDAY</b>	Anglo-Continental wishes you a safe journey home and we hope to see you again soon.	N/A	N/A	N/A	All tickets and entry fees are included




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<b>WEDNESDAY</b> <b>Free Afternoon</b>	<b>SUGGESTION:</b> Why not take a walk along the Stour River starting at Hengistbury Head for beautiful views of the local area. See course coordinator for more details and ideas.	5-9km	Easy – public footpath	Comfortable clothing and suitable walking footwear. Waterproof jacket	<b>Buckler's Hard</b> 
<b>THURSDAY</b> <b>13:30-15:00</b>	Test your knowledge of English and current affairs and win a prize in a fun Quiz afternoon.	N/A	N/A	N/A	<b>Windsor Castle</b> 
<b>FRIDAY</b> <b>13:30-15:00</b>	Social English afternoon – a great opportunity to practice your English in a fun and relaxed environment with other students.	N/A	N/A	N/A	
<b>SATURDAY</b> <b>08:30-18:30</b>	A full day excursion to 11 <sup>th</sup> century Windsor Castle – an official residence of Queen Elizabeth II.	8-12km (Approx.)	Easy – public footpath	Comfortable clothing and suitable walking footwear. Waterproof jacket	
<b>SUNDAY</b>	<b>SUGGESTION:</b> Take a relaxing walk along the beach to Sandbanks, Poole or spend some time shopping in Bournemouth. See course coordinator for more details and ideas.	N/A	N/A	N/A	<b>Anglo-Continental</b>  <b>Entrance fees are included</b>

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<b>TUESDAY</b>  16:45-21:30	Visit to Poole Stadium for a night of greyhound racing (Food and drink not included).	N/A	N/A	N/A	Jane Austen House Museum
<b>WEDNESDAY</b>  Free Afternoon	<b>SUGGESTION:</b> Why not take a walk along the Stour River starting at Hengistbury Head for beautiful views of the local area. Speak to your teacher or course coordinator for more details and suggestions.	N/A	N/A	N/A	
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<b>FRIDAY</b>  13:30-15:00	Social English afternoon – a great opportunity to practice your English in a fun and relaxed environment with other students.	N/A	N/A	N/A	
<b>SATURDAY</b>	A full day excursion to Stonehenge and Bath, Including a walking tour of Bath and time for shopping and souvenirs.	5-8km (Approx.)	Easy – public footpath	Comfortable clothing and suitable walking footwear. Waterproof jacket	Bath
<b>SUNDAY</b>	Take a relaxing walk along the beach to Sandbanks, Poole or spend some time shopping in Bournemouth. See course coordinator for more details and ideas.	N/A	N/A	N/A	Entrance fees are included



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<b>TUESDAY</b> <b>Free Afternoon</b>	SUGGESTION: why not jump on the train, take a trip to Southampton, and visit the Seacity museum, which has an excellent display on the Titanic. Please speak to your teachers or the course coordinator for more details or suggestions.	N/A	N/A	N/A	
<b>WEDNESDAY</b> <b>13:15-18:00</b>	Enjoy a game of bowls with local residents and learn more about this traditional British game.	N/A	N/A	N/A	
<b>THURSDAY</b> <b>13:00-18:00</b>	Enjoy a cruise round Poole harbour and walk around Brownsea Island, with its beautiful wildlife and views across the harbour.	6-8km (Approx.)	Easy – public footpath	Comfortable clothing and suitable walking footwear. Waterproof jacket	
<b>FRIDAY</b> <b>13:30-15:00</b>	Social English afternoon – a great opportunity to practice your English in a fun and relaxed environment with other students.	N/A	N/A	N/A	
<b>SATURDAY</b>	A full day excursion to London with a walking tour including Westminster, Trafalgar Square, Horse Guards Parade and Buckingham Palace.	5-8km (Approx.)	Easy – public footpath	Comfortable clothing and suitable walking footwear. Waterproof jacket	
<b>SUNDAY</b>	SUGGESTION: Why not visit Portsmouth with its historic dockyard, the home of the HMS Victory. . Please speak to your teachers or the course coordinator for more details or suggestions.	N/A	N/A	N/A	

**Bowls**
**Brownsea Island**
**London**
**Entrance fees are included**

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<b>TUESDAY</b>  <b>13:00-18:00</b>	Visit Max Gate, the Victorian home of Dorset's most famous poet and author Thomas Hardy. The excursion includes a Hardy Themed walk from Kingston Maurward finishing at Max Gate	4.5-7km (Approx.)	Easy – public footpath	Comfortable clothing and suitable walking footwear. Waterproof jacket	<b>Max Gate</b>
<b>WEDNESDAY</b>  <b>18:00-21:30</b>	Enjoy an evening out with other students and teachers (meal and drinks not included)	N/A	N/A	N/A	
<b>THURSDAY</b>  <b>Free Afternoon</b>	<b>SUGGESTION:</b> Why not visit Westbourne and do some shopping in Westbourne's shopping gallery followed by a coffee in one of the areas great coffee shops. See your teacher or course coordinator for more details.	N/A	N/A	N/A	<b>Forde Abbey</b>
<b>FRIDAY</b>  <b>13:30-15:00</b>	Test your knowledge of English and current affairs and win a prize in a fun Quiz afternoon.	N/A	N/A	N/A	
<b>SATURDAY</b>  <b>08:30-18:30</b>	A full day excursion to Lyme Regis, including a walk highlighting the traditional Dorset seaside town followed by a visit to Forde Abbey's beautiful gardens.	8-10km (Approx.)	Moderate	Comfortable clothing and suitable walking footwear. Waterproof jacket	<b>Lyme Regis</b>
<b>SUNDAY</b>	Anglo-Continental wishes you a safe journey home and we hope to see you again soon.	N/A	N/A	N/A	<b>Entrance fees are included</b>



**Club 50+ Education Timetable**

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08.45 – 09.30	Lesson 1	Lesson 1	Lesson 1	Lesson 1	Lesson 1
09.30 – 10.15	Lesson 2	Lesson 2	Lesson 2	Lesson 2	Lesson 2
10.15 – 10.45	Break	Break	Break	Break	Break
10.45 – 11.30	Lesson 3	Lesson 3	Lesson 3	Lesson 3	Lesson 3
11.30 – 12.15	Lesson 4	Lesson 4	Lesson 4	Lesson 4	Lesson 4
12.15 – 13.15	Lunch	Lunch	Lunch	Lunch	Lunch
	If you have any questions regarding your course or your level, speak to your teacher or course coordinator.				