

- English for Health and Safety-
EXAMPLE WEEKLY TIMETABLE
30 lessons per week

| LESSON | TIMES | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------|-------------|--|---|---|---|---|
| Lesson 1 | 0845 - 0930 | General English Language Studies Developing reading skills: Grammar point presentation and practice. | General English Language Studies Listening practice. Focus on listening for specific information. | General English Language Studies Writing activity: Short stories. | General English Language Studies Functional language: Making and responding to requests. | General English Language Studies Weekly review and progress test. |
| Lesson 2 | 0930 - 1015 | | | | | |
| | 1015 - 1045 | <i>Morning Break</i> | | | | |
| Lesson 3 | 1045 - 1130 | General English Language Studies Speaking activity: Fluency and vocabulary development. | General English Language Studies Speaking activity: Language Lab. Jigsaw speaking recordings. | General English Language Studies Authentic reading: Newspaper articles, focus on reader independence. | General English Language Studies Role play activity: Consolidation of functional language. | General English Language Studies Oral practice: Mini-debates, agreeing and disagreeing. |
| Lesson 4 | 1130 - 1215 | | | | | |
| | 1215 - 1400 | <i>Lunch</i> <i>Multi-Media Learning Centre available from 1330</i> | | | | |
| Lesson 5 | 1400 – 1445 | English for Health and Safety Introduction to Health and Safety Language area: Discussing the needs for health and safety in the workplace Lexical Areas: H&S guidelines and legislation | English for Health and Safety Risk Assessment Language area: Where, when and how to perform RAs Lexical Areas: RA forms, types of risk, risk prevention | English for Health and Safety General Fire Safety Language area: Fire safety regulations at work. Lexical Areas: Equipment and procedures | English for Health and Safety COSHH Language area: Control of Substances Harmful to Health Lexical Areas: Chemicals, cleaning products, other hazardous substances in the workplace | English for Health and Safety Managing Health Language area: Assessing work pressures and the working environment Lexical Areas: Health and hygiene, preventative equipment |
| Lesson 6 | 1445 - 1530 | | | | | |
| | 1530 – 1630 | <i>Multi-Media Learning Centre available</i> | | | | |

N.B. The general and specialised topics are an example of possible course content. This can be adjusted to suit learner needs more specifically following initial needs analysis.